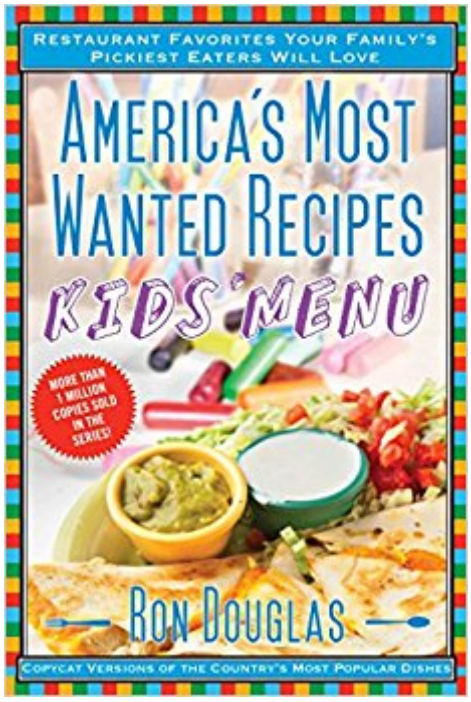
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America's Most Wanted Recipes Kids' Menu: Restaurant Favorites Your Family's Pickiest Eaters Will Love (America's Most Wanted Recipes Series)



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Synopsis

The author of the New York Times bestselling AmericaÃ¢â ¬â„¢s Most Wanted Recipes series reveals the secrets to winning over your kidsÃ¢â ¬â„¢ tummies with their favorite restaurant meals made in the comfort of your own kitchen!More than a million home chefs have devoured Ron DouglasÃ¢â ¬â„¢s ingenious copycat recipes. From desserts to low-calorie and grilled meals, heÃ¢â ¬â„¢s proven how simple and cost-effective it is to prepare mouthwatering restaurant dishes at home. In AmericaÃ¢â ¬â„¢s Most Wanted Recipes KidsÃ¢â ¬â„¢ Menu, he shares the ingredients to more than 100 of the most frequently ordered dishes from the countryÃ¢â ¬â„¢s most popular childrenÃ¢â ¬â„¢s menus: Buca di BeppoÃ¢â ¬â„¢s Cheese Manicotti, PF ChangÃ¢â ¬â„¢s Crispy Honey Chicken, ApplebeeÃ¢â ¬â„¢s KidsÃ¢â ¬â„¢ Mini Hamburger, ChiliÃ¢â ¬â„¢s Cinnamon Apples, CosÃƒÂ¬Ã¢â ¬â„¢s Mississippi Mud Pie, FriendlyÃ¢â ¬â„¢s Chicken Quesadillas, Panera BreadÃ¢â ¬â„¢s Mac and Cheese, Uno Chicago GrillÃ¢â ¬â„¢s Safari Nuggets, and much, much more. Face it, we all know the best way to make sure our kids are eating right is to prepare their food at home. Restaurant meals are traditionally high in calories, sodium, and fat. The dishes featured in KidsÃ¢â ¬â„¢ Menu were selected and designed to be served as occasional treats and as a fun way to get the family together in the kitchen, comparing the copycat version against the original. By making these dishes at home, parents will have the opportunity to make them healthier by substituting different ingredients and cooking methods. ThatÃ¢â ¬â„¢s what KidsÃ¢â ¬â„¢ Menu provides. Also included is a section on childrenÃ¢â ¬â„¢s nutrition and advice on how to balance the foods they love with ingredients that are good for them. Be the ultimate Ã¢â ¬Å“sneaky chef.Ã¢â ¬Â• Prepare the meals your family loves, knowing youÃ¢â ¬â„¢re giving them the nutrition they need. AmericaÃ¢â ¬â„¢s Most Wanted Recipes KidsÃ¢â ¬â„¢ Menu will help you save money (no more drive-thru!) and calories, while you indulge in good food and quality time with the people you love around the dinner table.

Book Information

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Customer Reviews

Ã¢â ¬Å“Thumb the pages of KidsÃ¢â ¬â„¢ Menu and you are certain to find several items that you do know, do love, and now can make at home. This book, and its companion volumes, are clever works.Ã¢â ¬Â• (Cooking by the Book)

Ron Douglas is the New York Times bestselling author of the AmericaÃ¢â ¬â„¢s Most Wanted Recipes series, which includes, most recently, AmericaÃ¢â ¬â„¢s Most Wanted Recipes At the Grill. He is a former finance director at JP Morgan and founder of the #1 copycat recipe website, RecipeSecrets.net. He lives in New York with his wife and two children.

Good recipes, not just for kids! I like recreating restaurant foods, which are usually loaded with salt, which I try to limit. The cookbooks in this series give me a good place to start. There’s nothing exotic in this cookbook, lots of safe but tasty choices.

Super book, my daughter loves it

Kids enjoy it!

America’s Most Wanted Recipes Kids’ Menu is a fun and easy cookbook for beginner cooks. The recipes are all based off of foodie favorites from various restaurants including Applebee’s, California Pizza Kitchen, Boston Market, Joe’s Crab Shack, Starbucks, and Panera, just to name a few. Most of the recipes use whole ingredients, although there are a handful of recipes which require packaged mixes such a cornbread mix, Bisquick, cake mix, seasoning mixes, and bottle dressings/sauces. While these recipes are healthier than most restaurant recipes, they are by no means healthy for you. As an example, many of the desserts require a stick of butter and well over a cup of sugar, and plenty of the recipes require deep frying. But that’s the beauty of restaurant food - these are definitely treat type recipes and nothing I would make on a regular basis. On the upside,

many of the recipes can be adjusted to fit your level of saltiness and sweetness.The book is laid out so everything is organized according to restaurant. I really liked that format since I have a good idea of what I want to eat based on restaurant. There are a small number of duplicate recipes - the chocolate chip cookies is a prime example - but it's only because there are different variations. The book is devoid of any type of photograph or illustrations, so if you were hoping for a side by side comparison of restaurant vs homemade items, you may be a little disappointed.As for the recipes themselves - they're pretty good. Of the recipes I tested out, they all taste good, although definitely not exactly as the restaurant version (probably because the restaurants have their own secret ingredients). There are a few recipes I would leave for the restaurant to make (Krispie Kremes are cheap to buy and so melt in your mouth good...unless you live far away from one, I would just buy them), a few I would definitely make myself (Jamba Juice, anyone?). If you're looking for a fun family cookbook, this is one to consider.

America's Most Wanted Recipes Kids' Menu: Restaurant Favorites Your Family's Pickiest Eaters Will Love (America's Most Wanted Recipes Series)I had a lot of fun making these recipes for me and my family. We went on a picnic with a few family friends. Me and my mom made quesadillas, honey crullers and cherry limeonade. It was very delicious and easy to make, and the crullers were delicious! My mom's friend even asked for the cruller's recipe! They weren't too chewy and they weren't too sweet. Annoyingly enough though, my mom is always over my shoulder making sure I don't make a mess, even while I'm cleaning up!

I've made a bunch of the recipes and they came out great. I like being able to copy my kid's favorite restaurant dishes at home and use much healthier ingredients than the restaurants use. Highly recommended. Other than his first book, this one is my favorite in the America's Most Wanted Recipes series.

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